



TESTIMONIALS

DOWN SYNDROME:

Mother of Andi W., 15 years old, with Down Syndrome writes:

'Unfortunately our son Andi was already 13 years old when we first heard about the possibility of AIT for him. At that time Andi's speech was still hard to understand.

However, already during the first course of AIT Andi made remarkable progress, he became more aware of his surroundings, confident and self-assertive, he began to speak more slowly and clearly and a few months afterwards he was suddenly able to pronounce the letter „k“. It is very important to him that he be understood by everyone, not just by family members.

Andi repeated the AIT twice and each time we were able to see a distinct developmental leap. This was also commented on at school. During the third AIT Andi was suddenly able to read properly. The whole family was very excited and happy about this.

For Andi AIT is and has been a very important mile stone in his life but we wish that we had known about it earlier in his life...'

AUTISM:

Mother of Thomas H., 4 years old, diagnosed with autism writes:

„AIT was a strenuous yet also a beautiful and intensive experience.

During the sessions Thomas demanded complete attention from me and from Katja Kersten. However, already from the beginning of the training I was able to see changes in him. Driving home after the first session he sat completely calm and quiet in his car seat, it was as if he was repeating in his head what he had heard during the session.

After day two Thomas was very active, needed less sleep and looked at things as if he could see them fully for the first time.

He now plays more creatively and during occupational therapy he is more concentrated and engaged with his tasks. He babbles a lot and increasingly tries to repeat words he has heard.

His sound sensitivity has also improved: panic stricken reactions to certain sounds have now changed to a slight shrinking back.

My advice to mothers embarking on AIT : „don't arrange for anything else during those 10 days but devote this time entirely to your child and your relationship with it.'

Mother of David S., 10 years old, diagnosed with Asperger writes:

„For my son David, AIT was a very beneficial experience. It acted like a bridge, helping him to step out of his own world and to participate in our world to a greater degree.

He is now able to say more clearly what he wants, therefore his tantrums are shorter, his bedwetting has almost stopped, he is able to occupy himself longer and he plays more creatively, he sleeps better and longer.

In summary: he is a happier child, more open and more awake.'

DEVELOPMENTAL DELAY AND HYPERACTIVITY:

Mother of Andi B., 6 year old boy, diagnosed with PDD and hyperactivity writes:

„Before we started AIT with Adi, he was extremely hyperactive, had hardly any speech and was severely developmentally delayed. We had to watch over him constantly and he would not listen to anything that was said to him – it was very exhausting for us.

However, already during the first course of AIT Adi's progress was unbelievable. His focus and attention span increased, he noticed what was going on around him, he began to listen to and understand what we were saying to him. To our great amazement he remained seated during the entire AIT sessions, listening to the music and playing with playdoh.

Since then we have repeated AIT at least once a year and each time he made noticeable progress.

Today Adi is 10 years old, a much happier child, funny, confident and even speaking his mind! His vocabulary and articulation have improved greatly and one can now easily understand him.

All in all I can honestly say that AIT with Katja Kersten has propelled my child forward.'

PERCEPTION PROBLEMS:

Mother of Luca V., 6 ½ years old, diagnosed with perception problems writes:

„Luca had a number of perception problems which resulted in concentration and learning difficulties. He was also very fearful of any kind of new situation.

I am very happy to be able to say that Luca has made obvious progress in all these areas. Through AIT he has made giant steps in his development and is therefore able to manage his daily life and school much better.

Not only have I witnessed remarkable improvements in my own son but as the head of a Kindergarden I have also witnessed the effectiveness of AIT with quite a number of other children. This shows especially during exercises for concentration and perception.

I hope that many more „special children“ will be able to benefit from this valuable training in the future.'

Mother of Fabio P., 8 years old, diagnosed with perception problems writes:

„Until today it is a mystery to me how AIT could have had such an amazing effect on my son. As a layperson in this field I explain it to myself like this: It was as if all the wires in his brain were cleaned out. He became calmer, more enthusiastic, had more self confidence and yes, simply became more mature.'

And Fabio himself says: „I can't really explain this well, but through AIT everything was easier for me, somehow it was tidier in my head.'

CHROMOSOMAL MALFORMATION AND DEVELOPMENTAL DELAY:

Mother of Michelle G., 8 years old, chromosomal malformation, developmentally delayed writes:

„I can absolutely recommend AIT. For our daughter it has opened the door into our world. She can now communicate her wishes much more clearly.

Her progress at school was also enormous. She is now able to follow her special ed curriculum without any problems and often achieves more than is expected of her. As a mother it is most important to me that Michelle be able to lead a relatively independent and autonomous life when she grows up.

AIT has brought us closer to this wish.'

My German website www.katjakersten-hoertraining.info with many more detailed testimonials as well as photographs is currently being translated into English.